

The NDIS requires evidence to show that your family member has needs resulting from the impact of their psychosocial disability.

Evidence can consist of reports, support plans, assessments, and any other documentation. These will demonstrate the needs of your family member, strategies which have been put in place, or progress that has occurred.

- Lifestyle plan (including a calendar outlining usual supports each week)
- Behaviour support plan (this may include tools to indicate how risks are managed or how your family member prefers to be supported)
- Person centred plan
- Health support plan
- Therapy assessments and supporting letters
(neuropsychology, psychology, occupational therapy, particularly for supported independent living)
- Letter from doctor detailing daily challenges ([GP Evidence Form](#))
- Recreational program information or reports from past group participation
- Information from a current service provider about supports currently provided
- Carer Statement
- Participant Statement
- Any other information you have that may share a history of enduring mental health challenges and demonstrate that they have not been well supported within the current health system